



FSYFL CHEERLEADING PROGRAM

For the 2010 season the FSYFL cheer program will be inaugurated. However it will be operated primarily as a support program to the FSYFL football tournament. As the program grows additional features may be added. For the 2010 season the following stipulations will apply:

Age Divisions

1. It will **not** be an FSYFL requirement to separate cheer leaders by age divisions. Therefore teams may have a single team of cheerleaders of varying ages, or choose to separate their divisions.
2. Cheer rosters is not stipulated and therefore squads can be as small or large as organizations determine.

Cheer Rules

The safety guidelines for cheerleaders will be based primarily upon the National Federation of State High School Associations safety guidelines. However due to the fact that there will **not** be a cheerleading competition stipulations of types of stunts and activities will be up to the individual teams to determine.

Uniforms

1. The FSYFL will provide as part of their program an FSYFL logoed Cheer T-Shirt, Cheer Shorts and Cheer Socks for each cheerleader registration, which cheerleading directors may or may not utilize as their cheering uniform on game day.
2. FSYFL issued T-Shirts and shorts may be retained by the cheerleaders after the season.
3. Cheer squads may use their own youth league organizational uniforms for use on game days if they wish.

Registration Fees /Insurance/Uniforms/Medals and Trophies

1. The FSYFL registration per cheerleader is \$75 per child.
2. The FSYFL will provide the following:
 - Liability insurance coverage for all cheerleaders.
 - Logoed Cheer T-Shirt, shorts and socks
 - Participation medals to each cheerleader for the season
 - A Cheer trophy to any cheer team that cheers for a football team winning regional/conference of state championships.

Registration & Forms – *Please note all required forms are available on the FSYFL web site under the coaches page* www.fsyfl.com/coaches.htm

1. Each Cheerleader will be required to fill out a cheer leader registration form.
2. Each Cheer coach will be required to submit all registration payments to the FSYFL with the use of the Coaches disbursement form.
3. Cheer Hard Cards will be filled out by each cheerleader and inserted into the Cheer Team file folder. Please see “Cheer Coaches What to do document” available at the Coaches page on the www.FSYFL.com web site.
4. Liability and Medical Waivers will be filled out by each cheerleader and inserted into the Cheer Team file folder.

Game Day

1. All cheerleaders must report to the certification tent to be checked in for the games 20 minutes prior to a game.
2. In general FSYFL field facilities are **NOT** always surrounded by a partition fence. However a designated Cheerleaders section will be provided for each cheer team to allow space for their activities.